

GIRRAWEEEN ATHLETICS CLUB Inc



ANNUAL REPORT 2007/2008

Presented at the 30th Annual General Meeting

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OF

GIRRAWEE ATHLETICS CLUB Inc

Presented at the 30th Annual General Meeting

Held at

Toongabbie Sports and Bowling Club

On

Tuesday 20th May 2008.

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GIRRAWEEEN ATHLETICS CLUB Inc

PRESIDENT'S REPORT

Dear Member,

On behalf of the Committee I have great pleasure in presenting the Club's 30th Annual Report for the 12 months ended 31st March, 2008.

While we celebrate 30 years since our club's inception, I would like to reflect on our Club's fine history. In 1996, I had the pleasure of meeting John Wheeler who was our founding President (presented with his Life Membership in 1986). Having spent many hours reading through our archives, I have learnt that our success has been built on the legacy, which John, and indeed, the Wheeler family have left our club. We are fortunate to have had founding members who were meticulous in the keeping of records and relevant information concerning Girraween Athletics Club.

Our club was initially named Greystanes / Girraween Amateur Athletics Club. Girraween was placed after Greystanes in the naming following the toss of a coin to settle the argument. History was created at 2 p.m. on Saturday, 30th September, 1978 when the first Club competition took place.

Less than two years later, the club was renamed Girraween Amateur Athletics Club due to Greystanes forming their own club in 1980. It is interesting to note that the Greystanes club didn't survive the test of time and folded in 1987. Our club was changed to its current name of Girraween Athletics Club during the lead up to the Sydney Olympics. Athletics NSW took the word Amateur from our name.

Following the introduction of steeplechase equipment in 1983/84, Girraween was the best equipped club in the western suburbs. John Wheeler's role as Regional Coaching Director for NSWAAA gave him the insight to the make-up of the other clubs. He believed that Girraween was "head and shoulders" above the other clubs in regards to facilities, club operation and athletes' preparation.

During the club's first ten years, membership was strong reaching 80 in 1984. However, the strength of our membership was in the younger members. In 1980, for example, 67 of the 72 members were school students. When the Little Athletics age limit was changed from 12 to 15 our membership plummeted. The club celebrated its 10th birthday with very low registrations and this became an even greater concern when NSWAAA declared that clubs must have a minimum number of 20 members. Rumour has it that our longest serving member, Bob Sewell, tried to register his dog to keep the membership above 20.

Although things looked grim during that period of time, competition still took place and the committee remained positive. Their persistence was rewarded with Girraween being the only Sydney club to increase in membership in 1990. Membership more than doubled during the following year and this was certainly helped by the introduction of dual membership.

In the years since then, membership has fluctuated from season to season and in recent years we exceeded the record membership of 1984 with three consecutive years of over 100 members. The season of 2003 / 2004 was a milestone for our club as it was the first time we had reached a membership of 100 members. During the last two seasons, our membership has fallen below 100. However, it is pleasing to note that our retention rate has increased dramatically during recent years.

We have enjoyed the membership of many talented and successful athletes over the years. They include:

Tracey Wheeler who went on to represent Australia in soccer; Natalie Avellino who represented Australia in Netball; and Adrian Grogan who represented Australia in the Atlanta and Sydney Paralympics. We were thrilled for Adrian when he became a dual Gold Medallist in the Sydney Paralympics.

Our current membership also includes great talent. Without leaving out names of many budding stars. I would like to mention:

Lynette Smith (who graduated from Girraween Little A's) NSW, Australian and World Masters Champion.

Tim Molesworth who (in 2002) won his age group in the Gold Coast Half Iron man Championship. Tim was also voted as Auburn City Sportsperson of the Year for 2002.

Keith Mayhew, who turns 65 in December this year, is one of the City to Surf "Legends" in that he is one of the few runners to compete in every City to Surf event since its inception. Keith, in fact, still holds one of the fastest times recorded for the City to Surf.

Lisa Grant who has gained gold at National Titles in both Cross Country and Race Walking. Lisa is also a Girraween Little A graduate. Lisa has visited many countries as an Australian Representative in Race Walking.

In our Secretary's report, you will note that we currently have three national champions.

I would also like to acknowledge, and thank Bob Sewell who was been a member of Girraween Athletics Club for 25 years. Bob was awarded Life Membership in 1988. Following John Wheeler's retirement from the Club, Bob continued with his strong involvement, which was evident even during his early membership. Bob was presented with a Meritorious Service Award on his retirement as President in 2003. The award noted the following:

Member for 25 years	1978-2003
President for 14 years	1988-1997 & 1998-2003
Coach for 20 years	1982-1985 & 1986-2003
Registrar for 5 years	1980-1985
Publicity Officer for 22 years	1980-1985 & 1986-2003
Winter Competition Officer for 14 years	1987-2001
Canteen Manager for 5 years	1991-1993, 1996-1997 -2002
Granted Life Membership	1988

Viv Manwaring, Steve Halverson, Lynette Smith and Graham Sheargold are our other Life Members. Viv received his Life Membership in 1997 after many years of strong association with Girraween Athletics Club, as well as the Little A's – an association that continues to this day. Steve Halverson, who is affectionately known as "The Bear" was awarded his Life Membership in 2003. Lynette received her Life membership in 2006 after many years of representing the club as high as international levels, as well as being an integral committee member. Graham Sheargold, who received his Life Membership in 2007, has also been a prominent athlete with the club and has been responsible for many positive club initiatives.

John Wheeler's stated in one of his early reports, "Many clubs are formed with the hope that they will eventually become elite clubs, but many of them fade away after a few years."

Girraween is still and celebrating 30 years because so many of John Wheeler's ideals are with us today. While our members strive for success, they also participate because they enjoy the social environment provided by our club. John Wheeler formed our club hoping to provide for "friendly competition". It is this "air" of "friendly competition" which forms the heart and soul of Girraween Athletics Club.

On the night of 30th AGM, Girraween Athletics Club also reflects on the contribution and tireless assistance that has been given to us by Girraween Little A's since our inception.

It is fitting to include another of John Wheeler's quotes which is taken from his very first President's report:

"We are grateful to Girraween Little Athletics for the use of their equipment and canteen, and assisting in training during the season. We look forward to a continuing association in the years ahead."

30 years down the track, we continue to enjoy a great working relationship with Little A's and their committee. Although we are two clubs, in many ways we work as one.

This year we were awarded a Gold Rating from Athletics New South Wales as a result of the ANSW Model Club Policy. Our Gold Rating is a direct result of the high calibre of our membership as well as the dedication of our enthusiastic committee. I applaud each and every committee member their wonderful efforts and thank them publicly for the time they spend in carrying out their roles as committee members of Girraween Athletics Club.

Finally, I would like to thank all members for your support and loyalty throughout the season. With your continued support, I look forward to facing the challenges in the years ahead.

Happy 30th Birthday Girraween Athletics Club.

Steven Williams





GIRRAWEEEN ATHLETICS CLUB



(Formed September 1978)

C V Kelly Park, Oramzi Road, Girraween

LIFE MEMBERS

John Wheeler – 1986 (died 1997)
Bob Sewell – 1988
Vivian Manwaring – 1997
Stephen Halverson – 2003
Lynette Smith - 2006

20-YEAR MEDALLISTS

Bob Sewell – 1998/99
Vivian Manwaring – 2006/07

10-YEAR MEDALLISTS

Jackie Wheeler – 1988
Bob Sewell – 1988
Paul Sewell – 1991
Vivian Manwaring – 1997
Michael Kammerer – 2003
Vikki Savage – 2005
Suresh Raju – 2006

Tracey Wheeler – 1988
John Doolan – 1989
Robert Kropman – 1993
Lynette Smith – 2000
Graham Sheargold – 2003
Richard Frost – 2006
Steven Williams – 2006

Deborah Mulhall – 1988
Peter Kropman – 1989
Catherine Kropman -1993
Stephen Halverson –2003
Phil Bowden – 2004
Wayne Jeff – 2006
Keith Mayhew - 2007

HON. AUDITOR

Tony Ward

CLUB COMPETITION CHAMPIONS

WINTER COMPETITION

<u>FEMALE</u>	<u>SEASON</u>	<u>MALE</u>
Ashleigh Micallef (U14)	2001	Bradley Milosevic (U13)
Vikki Savage (Snr)	2000	Matthew Graham (U19)
Chelsea Austin (U16)	1999	Matthew Graham (U18)
Michelle Kurp (U16) / Zulay Sastre (U14)	1998	Kevin Casey (Vet)
-	1997	Graham Sheargold (Vet)
Leanne Bourke (Snr)	1996	Graham Sheargold (Vet)
Linda Balinski (Vet)	1995	Graham Sheargold (Vet)
Vikki Savage (U15)	1994	Brett Warner (U18)
Lynette Smith (Snr)	1993	Bob Sewell (Vet)
Lynette Smith (Snr)	1992	Con Starr (Snr)
Amy Thorpe (U14)	1991	Bruce Hogg (U18)
Terri Baraniak (Vet)	1990	Wally Schmid (Snr)
Terri Baraniak (Vet)	1989	Paul Sewell (U17)
-	1988	Bob Sewell (Vet)
-	1987	Bob Sewell (Vet)
Pauline Gunns (U20)	1986	Bob Sewell (Vet)

SUMMER COMPETITION

Andrea Hendley (Masters)		* Wayne Thurlow (Masters)
Brenda Micallef (U16)	2006 / 07	* Wayne Thurlow (Masters)
Kelly Micallef (U15)	2005 / 06	* Stephen Blunden (Masters)
* Cath Germech (Snr)	2004 / 05	Robert Giesler (Masters)
* Andrea Hendley (Masters)	2003 / 04	Steven Williams (Masters)
Brenda Micallef (U12)	2002 / 03	* Bradley Milosevic (U15))
* Chelsea Austin (U18)	2001 / 02	Peter Kimpton (U18)
		/ Brad Milosevic (U13)
Chelsea Austin (U17)	2000 / 01	* Suresh Raju (Snr)
Gemma Austin (U13)	1999 / 00	* Steven Williams (Vet)
Samantha Marshall (Snr)	1998 / 99	* Graham Sheargold (Vet)
Erin Scouller (U15)	1997 / 98	* Suresh Raju (Snr)
Jessica Fisher (U14)	1996 / 97	* Stephen Halverson (Vet)
Jessica Fisher (U13)	1995 / 96	* Peter Balinski (U13)
Linda Balinski (Vet)	1994 / 95	* Stephen Muir (U13)
* Michelle Townsend (Snr)	1993 / 94	Doug Leabon (Snr)
* Lynette Smith (Snr)	1992 / 93	Michael Finucane (Snr)
* Lynette Smith (Snr)	1991 / 92	Michael Finucane (Snr)
		/ Viv Manwaring (Vet)
* Lynette Smith (Snr)	1990 / 91	Bruce Hogg (U18)
Stella Mauceri (U17)	1989 / 90	* John Doolan (Snr)
Elizabeth Knoke (U15) / Kate Rada (U15)	1988 / 89	* Jeff Micallef (U19)
Jackie Wheeler (Snr)	1987 / 88	* Viv Manwaring (Vet)
* Jackie Wheeler (Snr) / Deborah Mulhall (Snr)	1986 / 87	Michael Jamieson (U14)
Jackie Wheeler (U20)	1985 / 86	* Peter Kropman (U18)
* Jackie Wheeler (U19)	1984 / 85	Frank Soballa (U17)
Kellie Fenech (U14)	1983 / 84	* Peter Kropman (U14)
Kellie Fenech (U14)	1982 / 83	* Phillip Fenech (U15)
Deborah Mulhall (U16)	1981 / 82	* Phillip Fenech (U14)
Jackie Wheeler (U15)	1980 / 81	* Michael McHugh (U14)
Catherine Downer (U13) / Jackie Wheeler		
* (U14)	1979 / 80	Ralph Downer (U15)
* Joanne Kendall (U13)	1978 / 79	Simon Gemmell (U14)

* Denotes overall champion/s

GIRRAWEE ATHLETICS CLUB Inc

CLUB COMMITTEE 2007 / 2008

<u>President</u>	Steven Williams	Elected AGM May 2007
<u>Secretary</u>	Garry Womsley	Elected AGM May 2007
<u>Treasurer</u>	Vince Adams	Elected AGM May 2007
<u>Registrar</u>	Viv Manwaring	Elected AGM May 2007
<u>Public Officer</u>	Viv Manwaring	Appointed 2005
<u>Fund Raising</u>	Cheri Womsley	Elected AGM May 2007
<u>Summer Competition</u>	Stephen Blunden	Elected AGM May 2007
<u>Winter Competition</u>	Robert Eager	Elected AGM May 2007
<u>Club Records</u>	Lynette Smith	Elected AGM May 2007
<u>Coaching Co-ordinator</u>	Garry Womsley	Elected AGM May 2007
<u>Publicity Officer</u>	Garry Womsley	Elected AGM May 2007
<u>Canteen Manager</u>	George Milosevic Judy Milosevic	Elected AGM May 2007 Elected AGM May 2007
<u>ANSW Delegate</u>	Lynette Smith	Elected AGM May 2007
<u>Park Trust Delegate</u>	George Milosevic Wayne Thurlow	Elected AGM May 2007 Elected AGM May 2007
<u>Junior Committee</u>	Brad Milosevic Nick Hanna	Elected AGM May 2007 Elected AGM May 2007

MEMBERSHIP 2007/08**MEN: 56****WOMEN: 27****TOTAL: 83****MASTERS**

(Men 40+, Women 35+)

Vincent Adams
 Denis Andrew
 Mark Attwood
 Linda Balinski
 Steven Blunden
 Michael Christie
 Robert Eager
 Michael Evans
 Andrew Free
 Michael Free
 Robert Giesler
 Darren Gould
 Raymond Harrison
 Andrea Hendley
 Wayne Jeff
 Lajos Joni
 Heidi Juhart
 Clive Kidson
 Richard Lamas
 Eddie Makki
 Roger Mar
 Peter Matthews
 Janice Mayhew
 Gary Micallef
 George Milosevic
 Stephen O'Donnell
 Stephen Parkins
 David Perry
 Suresh Raju
 Terry Rose
 Katrina Russell
 Edward Salinas
 Greg Sargeant
 Ken Scalley
 Graham Sheargold
 Lynette Smith
 Matthew Stenning
 Robert Stepanovich
 Wayne Thurlow
 Steven Williams
 Garry Womsley
 Jill Woodruff

GOLDEN OLDIES

(Men 60+, Women 55+)

Lonnie Balinski
 Joe Butler
 Robert Field
 Vivian Manwaring
 Keith Mayhew

SENIORS (20+)

Kylie Attwood
 Jean Davis
 Richard Frost
 Amanda Giesler
 Lisa Grant
 Nicholas Hanna
 Katrina Hughes
 Monica Juhart
 Renee Juhart
 Christopher Mackey
 Michelle Manion
 Daniel Marks
 Timothy Molesworth
 Geoff Sheargold
 Chad Slocombe
 Justin Smythe
 David Wallis
 Cheri Womsley

U20

Carly Eager
 Lauren Sinclair

U19

Bradley Milosevic
 Jamie Sherson
 Adam Sinclair

U18

Stacey Argent
 Kelly Micallef
 Matthew Modini

U17

Erika Hendley

U16

Andrew Blunden
 Taylor Doyle
 Gemma Maldigri
 Brenda Micallef
 Stephanie Russell

U15

Natalie Hendley
 Christopher O'Donnell

U13

Louise Cuthbert

U12

Ethan-Corey Womsley

SECRETARY

This last year has again been a fairly good one for both me as secretary and for the club. While our membership did not reach the heights of the last three seasons (83), there were a number of factors. Unfortunately, some of these factors were beyond our control.

While our numbers were okay during winter, the unusually wet summer had a huge effect on our final count. We usually pick up quite a few new members in summer but that didn't happen as much in 2007/2008. A lot of our younger "summer only" athletes did not come back in 2007/2008 and neither did the younger families that we had signed up previously. There was also a continued lack of juniors coming through from the Little A's club. It is clear that the two clubs need to come up with a strategy to get the youngsters filtering through to the senior club and not be lost to the sport when they turn 15. The state of the track early in the season due to council works leading up to the first week of competition also didn't help our cause.

In my opinion 2007/2008 was the year we needed to have. It is very difficult to learn and grow without a few setbacks. We will learn from 2007/2008 and be better for it. In saying that, we are still well above the minimum of 30 members required of all metropolitan clubs by Athletics NSW.

We again utilised our extensive information network with "The Girraween Athlete", "Girraween This Week" as well as regular e-mails which keep our members in touch and up to date on a regular basis. We can also now be contacted 24 hours a day, 7 days a week by e-mail. We continue to be innovative with our communication to our members meaning that they are still the best informed of any athletics club members in Australia.

Our committee has again worked closely this year with regard to fundraising. We have again taken on a number of initiatives this past year which have brought much needed funds into the club and we are looking for more opportunities. This helps us to provide athletics to our members for 50 weeks of every year and keep our prices low. Personally, it has again been a pleasure working with this current committee and I would like to thank each and every one of them. It is so much easier when everyone is moving in the same direction in trying to make our great club even greater. Hopefully that will continue with the new committee elected to serve your club in 2008/2009.

The highlights of 2007/2008 for me have included: -

(1) We again had a large number of teams in the State Relays and earned 2 medals including a bronze medal in the U/20 4 x 1500m earned by probably the youngest team in the history of the club (Average age just 15.5 years with the youngest being only 10). (2) We again finished in the top 20 of the Club Premiership in 18th position. (3) We earned 30 medals in State Championship events over all age groups and we currently have 5 state champions. (4) We had ten representatives at the recent National Masters Track & Field Championships and a total of 20 medals. We currently have 3 national champions. (5) The Girraween versus Blacktown Championship which was held for the second time during the summer season. While the numbers weren't big on Blacktown's side, we hope that this will be a regular event on our calendar for many years to come. (6) Our gold rating as a result of the ANSW Model Club Policy. We jumped from bronze to gold in just one year which was a great achievement. (7) Our members continue to get out and about and participate in events all over the country. The blue singlet with the white braces never looks out of place in any event. (8) Second placing in the Masters division of the ANSW Champions League. (9) The Senior Pentathlon held as a demonstration event during the Little A's Centre Championships was again a success. This year we are going to kick off our summer season with a Pentathlon as part of our 30th year celebrations which should be a lot of fun for all.

In conclusion, it has been a pleasure to again serve all of you as secretary during 2007/2008. 2008/2009 promises to be a special one with our 30th anniversary celebrations. With promising numbers signing on as members in the early part of this season, things are looking good.

Garry Womsley

REGISTRAR

Our registrations for 2007/08 totalled 83, excluding two transfers during the summer season to other clubs. Although this was the sixth-best result in our club's 30 years of operation, it was still 21 down on last year's second-best result of 104.

Of these 83 registrations, 66 joined during the winter (down by 7 on last season) of which 11 were 'winter only' (same as last season), and an additional 17 joined during the summer (down by 14 on last season and down by 24 on the season before that, a disappointing trend that the Committee will need to address). 12 opted for 'club only' membership (down by 7 on last season).

Athletics NSW introduced online registrations with payment by credit card at the beginning of the season. While there was some early problems with the system managed by IMG eCommerce, 29 or 35% of our registrations were by this method.

Of note is that over half (57%) of our members comprised over 40 (men) and over 35(women), and that only three of our members were from Little Athletics. More effort will be needed to encourage Little Athletes to join us, particularly now that Little Athletics has extended registrations to U16 and U17 age groups and will be including them in Little Athletics Championships.

Special congratulations to Keith Mayhew and Graham Sheargold who achieved membership of 10 years and 15 years respectively in 2007/08.

Viv Manwaring

Treasurer's Report

Thanks to the Girraween Athletics Club (GAC), the Committee, the athletes, the parents and our supporters for another great year, where all enjoyed the fun and healthy competition in the friendly family environment GAC is renowned for.

The year began with \$7,101.13 in the bank and finished with \$5,261.69 and no outstanding liabilities.

Fundraising Activities conducted this year included Bunnings BBQ profits (\$500.70), Event volunteer profits (1,507.50) and Clothing profits from sales of training shirts, singlets, socks, tracksuits (\$1,341.00). Thank you to all who supported by purchasing items and volunteering their time to these fundraising activities during the year.

We also received profits from Registration Fees (\$1,454.53), Canteen (\$251.59), Athletes Ground Fees (\$665.32) and sale of Photo CDs (\$140.40).

Besides the expenses incurred to generate the above profits there are ongoing costs such as trophies, insurance, and other business expenses including postage costs, printing of AGM reports and ongoing Incorporation and web site costs. This year we incurred a large cost for trophies and this cost should cover for awards/trophies in the coming years.

The year was marred to a certain extent by the ongoing inclement weather, which forced the closure of CV Kelly Park a number of times. The uncertain weather certainly had an effect on the numbers of athletes each weekend. This is reflected in the reduced funds from the ground fees and the canteen takings.

Finally I would like to thank the Committee and members for their support to me and a big thank you to Tony Ward for auditing the books again this year.

Vince Adams

Girraween Athletics Club Equipment (Stored at CV Kelly Park)

Competition standard hurdles – 60

Distance marker for hurdles

Transporter for hurdles

Transporter for steeple

Steeple jump for training

Trolley for discuses / shot puts

Trolley (green) for general equipment

Senior relay batons x 6

Javelins: 3 x 800g
 1 x 700g
 2 x 600g

Discuses: 3 x 2kg metal ring
 1 x 1.75kg metal ring
 3 x 1.5kg metal ring
 2 x 1kg metal ring
 1 x 1kg rubber
 1 x 750g rubber

Shot puts: 2 x 7.26kg (16lb)
 1 x 6kg
 1 x 5kg
 2 x 4kg
 1 x 3kg
 1 x 2kg
 1 x 2.724kg (6lb) for modified program

Tapes: 1 x 100m
 1 x 50m
 1 x 30m

Stop watches: 5 x multi (Matador brand)
 2 x multi (Dick Smith brand) – new batteries required
 1 x printout type (Seiko brand)
 2 boxes heat sensitive printer paper for Seiko

Starter guns: 2
Starter caps: 16boxes
Ear protectors: 1 set
Starter's signaller: 1

Miscellaneous: 1 cabana
 1 club banner
 1 records board
 1 dry eraser board (size 3x4)
 20 clip boards (8 plastic and 12 wooden)
 2 sets of throw markers
 2 throw marker carry boxes – poor condition
 1 first aid kit

SUMMER CANTEEN REPORT

Girraween Athletics Club at CV Kelly Park this summer had canteen takings of \$995.30 which resulted in raising a profit of \$420.44. This profit has decreased by approx. \$450 (-48%) from last year. These figures exclude any expenses associated with the Girraween vs Blacktown BBQ.

The down turn in profit was mainly due to the reduced numbers of competing members and visitors at CV Kelly. The main factors for this were the period of wet weather early this year which resulted in ground closures twice and an increasing number of our athletes are competing and representing away from CV Kelly this year. Also the early first week (5th Jan) after holidays had diminished numbers at the ground.

GAC is grateful and thank GLAC for organizing an arrangement where the senior club would buy (at cost) the stock for the canteen from GLAC. This meant that the senior canteen had no need to buy in, transport or carry any stocks. It also gave the canteen a greater variety of goods for sale. This partnership with GLAC worked well and was trouble-free to manage.

Finally we would like to thank the committee and members for all their help throughout the season in assisting the canteen which resulted in a worthwhile contribution to our club.

George and Judith Milosevic.

COACHING

Our coaching programme continued to be an integral part of what we offer each week as a club. We had good numbers on a Monday and Wednesday during winter despite the cool conditions. During summer, we were quite often frustrated by the wet weather but while it was hard to get continuity at times, we tried hard to get at least some training in wherever possible. As was the case in 2006/2007, we again integrated our summer programme with the Little A's and as a result, we continued to offer coaching for a number of events each session for all ages.

Our Tuesday night training sessions continued to attract a few members during the year. In particular, our winter track programme at Homebush was quite popular with those who attended. While we don't have as many steeplechasers as we used to, it is great that we have our own facilities at C.V. Kelly which we can use to keep in practice. It continues to be appreciated by all those who need to practice for this gruelling event.

We also tried to get a Sunday morning training group going during 2007 but after good numbers initially, it soon became apparent that it was generally not a popular day for our members to meet as a group for training. Like me, a number of our members compete on a regular basis on a Sunday so it made it difficult for most of us to attend. It really needed someone who was available every week to take charge of the group and make it their own. Unfortunately, that didn't happen. However, it is important that we try different things and we will continue to do so.

Personally, I was happy to receive my level 3 coaching accreditation. It was a lot of hard work but I learned a lot during my period of study. I now hope to gain more experience by coaching at the grass roots level. I have a huge interest in teaching people of all ages how to run and how to get the most out of their God given talents. After some further experience at this level, I feel that I will be ready to sit for the level 4 coaching certificate. However, coaches should always be striving to gain more knowledge. There is always more to learn.

As a coach with a few years experience behind me, I now realise that some of our athletes may be looking for a little extra training to reach that next level. While our official training is on Monday, Tuesday and Wednesday, I'm available most Thursdays if athletes need extra training. I can also put together individualised programmes for athletes if required. In fact this is currently being done for one of our members and can be done for others on request.

It has been a good year and one where I have learned a lot. Many thanks to our regulars Steve Blunden, Andrew Blunden, Vince Adams, David Perry, Roger Mar, Nick Hanna and Richard Frost. It has been really encouraging that they have all improved and hopefully that will continue.

Garry Womsley

SUMMER COMPETITION

Girraween Athletics Club has once again enjoyed a highly successful Summer Competition. The 2007 / 2008 season enjoyed a good number of members competing at CV Kelly Park.

Our point scoring system is based on an athlete scoring points by competing (1 point), equalling a personal best (1.5 points) or achieving a personal best (2 points). The four best events each week are counted for each competitor and the points accumulated over the season. At the end of the season, the four lowest scoring weeks are subtracted from each athlete's total. From this, the season's Club Champion is determined as well as the age category winners and the champion visitor. Athletes need to have completed at least 50% of the competition days held at C.V. Kelly during the season to be eligible for awards.

The categories are **Under 20**, **Senior** (20 to 39 years for men, 20 to 34 years for women) and **Masters** (40 years + for men and 35 years + for women). 1st, 2nd and 3rd places are available within each category, catering for men and women. From these placings, 1st, 2nd and 3rd awards have been presented to the top three men and women. The highest award, Club Champion, is presented to the male or female who has scored the highest total of points for the season.

Congratulations to **Wayne Thurlow** who is our 2007 / 2007 season's **Club Champion**. Wayne won this award last year. He has trained well and once again completed a fantastic season with 91 points. Stephen Blunden accomplished another great season gaining 2nd place on a creditable 77 points with another fine athlete, Peter Matthews gaining 3rd place on 71.5 points. The first three places in the men's competition were taken by men in the Masters age group. Congratulations and well done.

The women's competition was won well by **Andrea Hendley**. Andrea won this award in 2003/2004 and has continued with her fine efforts each season. Andrea scored 71.5 points, with Jean Davis, once again gaining 2nd place with 63 points. In 3rd place was Katrina Russell, who has also performed well gaining 46 points

The following tables display the age category winners:

Under 20				
	<i><u>Men</u></i>		<i><u>Women</u></i>	
1st	Jonah Stenning	42.5	Stephanie Russell	44.0
2nd	Andrew Blunden	37.0		
3rd	Nathaneal Stenning	33.0		
Seniors				
1st	Richard Frost	18.0	Jean Davis	63.0
2nd			Cheri Womsley	20.5
Masters				
1st	Wayne Thurlow	91.0	Andrea Hendley	71.5
2nd	Stephen Blunden	77.0	Katrina Russell	46.0
3rd	Peter Matthews	71.5		

With Girraween being one of the only clubs competing in track and field on Saturdays, many visitors compete in our competition. Visitors are defined as members from another club or younger athletes who don't qualify for dual membership. Congratulations to **Graham Ryan** who has gained first place as **Champion Visitor**. Fred Daniels, who has won Champion Visitor for a number of years was placed first in the 70+ visitors age group and Andrew Ellis was placed first in the Senior age group. With our Summer Competition known as Girraween Allcomers, we attract regular visitors from other clubs and acknowledge the contribution from regular visiting athletes.

Congratulations to all members and visitors for your enthusiasm and dedication to athletics during the 2007 / 2008 Summer Competition.

Stephen Blunden

WINTER COMPETITION – 2007

2007 was an enjoyable and successful season. Girraween had 63 registered athletes who competed in the West Metropolitan road and cross-country running series and Championships.

Below is a list of the 2007 Club trophy winners and a list of our Club athletes times and point scores for the 2007 season:

GIRRAWEEEN ATHLETICS CLUB TROPHY WINNERS 2007

LONG

Male

U19	BRAD MILOSEVIC	397
SENIOR	RICHARD FROST	326
SENIOR	TIM MOLESWORTH	322
SENIOR	NICK HANNA	207
MASTER	DENNIS ANDREW	324
MASTER	MICHAEL FREE	309
MASTER	CLIVE KIDSON	307
GOLDEN OLDIE	JOE BUTLER	258
GOLDEN OLDIE	LONNIE BALINSKI	199

Female

MASTER	LINDA BALINSKI	279
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MEDIUM

Male

U16	ANDREW BLUNDEN	372
MASTER	WAYNE THURLOW	343
MASTER	STEVEN BLUNDEN	312
MASTER	TERRY ROSE	289
GOLDEN OLDIE	KEITH MAYHEW	330
GOLDEN OLDIE	VIV MANWARRING	289

Female

U12	ANDREA LAMAS	278
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SHORT

Male

MASTER	GARRY WOMSLEY	369
MASTER	PETER MATHEWS	356
MASTER	MICHAEL CHRISTIE	337

Female

SENIOR	JILL WOODRUFF	286
SENIOR	KYLIE ATTWOOD	267
MASTER	JANICE MAYHEW	340
MASTER	ANDREA HENDLEY	297

EXPLANATION OF THE WINTER CLUB COMPETITION POINT SCORE – 2007

The point score was based on participation in the various West Metropolitan Zone and State Championship events.

Competition for males and females was separate.

Athletes must have finished an event to score points in that event. To be eligible for a Club award, athletes must have completed at least 50% of the events on offer (ie on offer is a total of 21 events being 14 West Metropolitan and 7 Championships). If athletes did not participate in any Championships but participated in the required number of West Metropolitan events (ie 50% of 21 being 10 events), they are still eligible for a Club award. Point scoring is determined as follows

West Metropolitan Zone races:

The Short, Medium and Long distances are open to all age groups.

Athletes were included in the Short, Medium or Long distance category based on the distance they nominated at the commencement of the season.

Points were awarded from the fastest finisher to the slowest ie 1st finisher gains maximum points (this year 30), second gained 29 points, third gained 28 points etc.

If athletes did not participate in their nominated event but participated in another event, they received half points for one event only based on the same point scoring criteria as above, Eg if 3rd fastest time normally receives 28 points, they would receive 14 points.

Championship Events

If the same distance was run by everyone (eg 4k Cross Country Relays), times were ranked, based on the athletes nominated distance. If various distances were held for different age categories, each category was scored separately.

Those who participate in Fun Runs only are awarded points for competing but can only be worth half that of those who participated in the actual Championship races on the day.

Calculating Total Points

To allow those who miss the occasional run to still be competitive in the point score, not all races are included in the final tally of points, the lowest point scoring weeks are eliminated to leave :

- 10 from 14 West Metropolitan Zone runs. (This being the minimum requirement if no Championships or Special Events are contested)
- 1 from 3 Road / Cross Country Championship Events
- 1 from 2 Relay championships
- 1 from 2 Special Events (Novice or Half Marathon)

WEST METROPOLITAN TROPHY WINNERS

Awards were presented at the West Metropolitan Series Presentation Day – West Auburn –September, 2007.

The list of Girraween Athletics Club members who received awards are as follows:

SHORT EVENT: -

Lauren Sinclair - U/20 - 1st
Kylie Attwood - O/20 - 2nd
Jill Woodruff - O/30 - 1st
Jye Perrott - U/10 - 3rd
Justin Smythe - O/30 - 1st
Peter Matthews - O/40 - 1st
Garry Womsley - O/40 - 2nd
David Perry - O/40 - 3rd
Roger Mar - O/50 - 3rd

MEDIUM EVENT: -

Andrew Blunden - U/16 - 1st
Wayne Thurlow - O/40 - 1st
Steve Blunden - O/40 - 3rd
Keith Mayhew - O/60 - 1st
Viv Manwaring - O/60 - 3rd

LONG EVENT: -

Linda Balinski - O/50 - 1st
Brad Milosevic - U/20 - 2nd
Tim Molesworth - O/20 - 1st
Richard Frost - O/30 - 3rd
Denis Andrew - O/50 - 2nd
Clive Kidson - O/50 -3rd
Joe Butler - O/60 - 2nd
Lonnie Balinski - O/60 - 3rd

Robert Eager

PUBLICITY

It has been quite difficult to get a lot of publicity in the local papers in the last year. While we have had a couple of feature articles in both the Parramatta Advertiser and the Blacktown Advocate, we have found that they would much rather publish stories about Rugby League or Cricket than athletics. They also appear to approve or reject any potential athletics stories on the measure of success the athlete or the club involved has had. They haven't shown a lot of interest in doing smaller feature or promotional stories. However, the Parramatta Advertiser has been very helpful in putting our weekly results in their special results section whenever we submit them. This has resulted in our name appearing in their publication on a regular basis and we have had some enquiries from people about joining us.

The highlight was definitely getting a photographer to C.V. Kelly for the Girraween versus Blacktown Championship in November. He took a number of photos and was very impressed with our set up. This resulted in both small stories and photographs appearing in both the Parramatta Advertiser and Blacktown. There was also another story on Andrew Blunden and his achievements. Our members have also appeared in stories and in photos in Runner's World and Run for Your Life magazines as well as the Lithgow Advertiser which has given us some exposure on a wider scale. AAP have also been very helpful in getting our results in both Sunday newspapers (Sunday Telegraph & Sun-Herald). In the coming months, there will be a "club of the month" story on our club in Run for Your Life magazine. We are hoping that this will help people to get to know us and our club a little better and hopefully result in more athletes signing with us.

While we haven't had as many stories on us during 2007/2008, it has still been a good year for publicity. It is a matter of taking what we can get in a very limited market. Being an Olympic year, we may have more success over the coming months. Starting with the Run for Your Life article we are hoping that the will give us a good kick along during 2008/2009. Please turn over to view our publicity for 2007/2008.

Garry Womsley

GIRRAWEE ATHLETICS CLUB

C V KELLY PARK GROUND RECORDS AS AT 31 MARCH 2008

<u>MEN</u>				<u>WOMEN</u>			
<u>OPEN</u>				<u>OPEN</u>			
S Mallard (NEP)	91/92	10.7	100 =	Rebecca Deane	93/94	12.7	
			100 =	Leanne Saliba	90/91	12.7	
Gary Howard	04/05	23.5	= 200	Heidi Novosell (G)	83/84	26.9	
Ernie Leseberg	04/05	23.5	= 200				
Gary Howard	04/05	51.5	400	Rachel Pederson (BLK)	07/08	1:01.0	
Craig Downie	84/85	2:01.9	800	Susannah Hartgers (TW)	83/84	2:24.0	
R Hamill (RH)	85/86	4:11.1	1500	Katie-Ellen French	00/01	4:59.5	
Bruce Hogg	93/94	4:35.8	1 Mile	Kim Pitzing	84/85	5:53.0	
Craig Downie	86/87	9:04.2	3000	Katie-Ellen French	00/01	10:56.9	
Bruce Hogg	91/92	16:17.4	5000	Katie-Ellen French	00/01	18:55.4	
Adam Rutter (SYP)	02/03	6:07.0	1500W	Lisa Grant	02/03	6:49.6	
Adam Rutter (SYP)	02/03	12:49.2	3000W	Lisa Grant (SU)	05/06	13:57.3	
Robert Kropman	92/93	16.2	110H/100H	Lynette Smith	93/94	17.6	
Robert Kropman	92/93	28.1	200H	Catherine Downer	82/83	33.3	
David Tarbotton (CBT)	82/83	59.2	400H	Tracey Wheeler	84/85	1:14.6	
Nathan Manwaring	92/93	6-50	LJ	Nicole Page	93/94	5-13	
Craig Willetts	92/93	14-17	TJ	Natalie Deegan	93/94	10-65	
Craig Willetts	93/94	1-91	HJ	Vera Abramas (STG)	85/86	1-66	
Robert Kropman (7.26kg)	92/93	13-95	SP	Natalie Avellino (4kg)	86/87	10-32	
Robert Kropman (2kg)	91/92	42-08	DIS	Sue Read (NC) (1kg)	89/90	39-66	
Robert Kropman (800g)	90/91	56-72	JAV	Lynette Smith (600g)	03/04	38-60	

BLK: Blacktown CBT: Campbelltown G: Greystanes NC: North Canberra NEP: Nepean PAR: Parramatta
 RH: Ryde-Hornsby STG: St George SYP: Sydney Pacific SU: Sydney Uni TW: Tiger Wests

VETERAN PLUS (80+)

VETERAN PLUS (80+)

VETERANS (70 – 79)

VETERANS (70 – 79)

Joe Butler	07/08	44.4	200
Joe Butler	07/08	1:37.9	400
Joe Butler	07/08	3:49.6	800
Joe Butler	07/08	7:29.7	1500
Joe Butler	07/08	8:25.5	1 Mile
Joe Butler	07/08	15:34.1	3000
Joe Butler	07/08	28:47.9	5000

GOLDEN OLDIES (60-69)

John Dwyer	00/01	14.4	100
John Dwyer	00/01	31.9	200
Keith Mayhew	04/05	1:09.2	400
Keith Mayhew	04/05	2:32.3	800
Keith Mayhew	03/04	5:15.3	1500
Keith Mayhew	03/04	5:46.9	1 Mile
Keith Mayhew	04/05	11:18.7	3000
Keith Mayhew	05/06	19:55.4	5000
Keith Mayhew	03/04	3-20	LJ
Keith Mayhew	03/04	6-19	TJ
Ram Swami	00/01	1-14	HJ
Viv Manwaring (5kg)	07/08	8-08	SP
John Dwyer (1kg)	00/01	29-14	DIS
Viv Manwaring (600g)	07/08	25-84	JAV

GOLDEN OLDIES (60-69)**MASTER PLUS (50 – 59)**

Vince Adams	07/08	12.9	100
Vince Adams	05/06	29.0	200
Steve Willams	06/07	1:06.3	400
Graeme Sheargold	07/08	2:32.4	800
Graeme Sheargold	07/08	5:12.5	1500
Dennis Andrew	05/06	6:24.4	1 Mile
Graeme Sheargold	05/06	11:26.9	3000
Graeme Sheargold	05/06	19:41.5	5000
Rob Stepanovich	07/08	3-87	LJ
Viv Manwaring	05/06	8-33	TJ
Vince Adams	05/06	1-20	= HJ
Viv Manwaring	05/06	1-20	= HJ
Lajos Joni	05/06	11-85	SP
Lajos Joni	05/06	36-28	DIS
Lajos Joni	05/06	28-81	JAV

MASTER PLUS (50 – 59)

Katrina Russell	05/06	15.5
Katrina Russell	05/06	35.5
Katrina Russell	05/06	1:18.4
Katrina Russell	06/07	3:14.0
Katrina Russell	06/07	6:44.5
Katrina Russell	05/06	29:20.9
Katrina Russell	06/07	2-81
Katrina Russell	07/08	6-55
Katrina Russell	07/08	16-74
Katrina Russell	07/08	16-65

MASTERS (40-49)

Wayne Thurlow	07/08	12.2	100
Wayne Thurlow	06/07	26.6	200
Viv Manwaring	90/91	58.9	400
Jon O'Brien	04/05	2:20.6	800
Bruce Harrison	96/97	4:47.4	1500
Bill Flanagan	02/03	5:19.8	1 Mile
Bruce Harrison	96/97	10:24.8	3000
Bruce Harrison	96/97	18:08.7	5000
John Dwyer	96/97	10:15.0	1500W
Gary Micallef	04/05	22:31.5	3000W
Steven Williams	98/99	24.6	110H/100H
Viv Manwaring	87/88	31.8	200H
Viv Manwaring	88/89	5-25	LJ
Viv Manwaring	88/89	10-83	TJ
Stephen Halverson	94/95	1-55	HJ
Lajos Joni (7.26kg)	04/05	10-62	SP
Lajos Joni (2kg)	04/05	30-86	DIS
Jon O'Brien (800g)	04/05	40-59	JAV

MASTERS (35-49)

Lynette Smith	07/08	14.0
Lynette Smith	07/08	29.3
Lynette Smith	05/06	1:07.3
Lynette Smith	07/08	2:43.0
Lynette Smith	05/06	5:53.9
Lynette Smith	05/06	6:40.6
Lynette Smith	07/08	13:09.0
Terri Baraniak	89/90	22:08.0
Andrea Hendley	03/04	11:38.3
Lynette Smith	07/08	4-05
Lynette Smith	07/08	8-28
Lynette Smith	07/08	1-50
Lynette Smith (4kg)	07/08	10-22
Lynette Smith (1kg)	06/07	34-76
Lynette Smith (600g)	06/07	31-80

SENIOR (20 – 39)

Gary Howard	02/03	10.9	100
Gary Howard	04/05	23.5	= 200
Ernie Leseberg	04/05	23.5	= 200
Gary Howard	04/05	51.5	400
Craig Downie	84/85	2:01.9	800
Michael Finucane	91/92	4:18.7	1500
Craig Downie	87/88	4:46.7	1 Mile
Craig Downie	86/87	9:04.2	3000
Craig Downie	84/85	16:25.7	5000
Robert McGaughey	90/91	7:51.5	1500W
			3000W
Robert Kropman	92/93	16.2	110H/100H
Robert Kropman	92/93	28.1	200H
Bob Broadhurst	82/83	1:09.9	400H
Jeff Micallef	90/91	6-26	= LJ
Peter Murray	91/92	6-26	= LJ
Peter Kropman	88/89	13-23	TJ
Craig Willetts	93/94	1-91	HJ
Robert Kropman (7.26kg)	92/93	13-95	SP
Robert Kropman (2kg)	91/92	42-08	DIS
Robert Kropman (800g)	90/91	56-72	JAV

SENIOR (20 – 34)

Lynette Smith	00/01	13.5
Lynette Smith	99/00	28.9
Lynette Smith	99/00	1:01.8
Lynette Smith	99/00	2:27.5
Lynette Smith	99/00	5:11.7
Lynette Smith	00/01	5:58.7
Lynette Smith	00/01	11:11.2
Lynette Smith	00/01	19:37.3
Catherine Nilon	01/02	7:58.4
Catherine Nilon	01/02	17:17.6
Lynette Smith	93/94	17.6
Lynette Smith	93/94	35.6
Tracey Wheeler	87/88	1:16.1
Lynette Smith	90/91	4-83
Lynette Smith	90/91	10-28
Lynette Smith	93/94	1-60
Lynette Smith (4kg)	93/94	10-20
Lynette Smith (1kg)	05/06	37-10
Lynette Smith (600g)	03/04	38-60

U/20U/20

Damien Beckhouse	92/93	11.6	= 100	Catherine Kropman	90/91	14.0
Tim Evans	05/06	11.6	= 100			
Jason Willetts	93/94	23.9	200 =	Jackie Wheeler	85/86	29.0
			200 =	Christine Wearne	06/07	29.0
Jeff Micallef	89/90	53.4	400	Jackie Wheeler	85/86	1:05.6
Garry Moran		2:10.9	800	Tracey Wheeler	86/87	2:44.0
Bruce Hogg	93/94	4:31.7	1500	Jackie Wheeler	85/86	6:02.0
Bruce Hogg	93/94	4:35.8	1 Mile	Lisa Grant	03/04	7:05.4
Matthew Graham	01/02	10:13.9	3000	Lisa Grant	04/05	12:10.1
Bruce Hogg	93/94	17:29.0	5000	Tracey Wheeler	87/88	25:35.0
Peter Kimpton	03/04	10:00.7	1500W	Lisa Grant	04/05	7:13.2
			3000W	Lisa Grant	04/05	15:06.2
Peter Kropman	86/87	16.9	110H/100H	Tracey Wheeler	86/87	18.5
Tim Evans	04/05	28.0	200H	Jackie Wheeler	85/86	35.4
Garry Moran		1:04.4	400H	Tracey Wheeler	86/87	1:16.6
Jeff Micallef	89/90	6-48	LJ	Lynette Smith	90/91	4-61
Craig Willetts	92/93	14-17	TJ	Catherine Kropman	90/91	10-03
Damien Beckhouse	92/93	1-81	HJ	Lynette Smith	90/91	1-53
Robert Kropman (6kg)	89/90	12-26	SP	Jessica Ward (4kg)	04/05	10-18
Robert Kropman (1.75kg)	89/90	35-50	DIS	Tracey Wheeler (1kg)	86/87	36-94
Robert Kropman (800g)	89/90	46-40	JAV	Tracey Wheeler (600g)	86/87	37-40

U/19U/19

Marcus Bakes	03/04	11.4	100	Jackie Wheeler	84/85	13.8
Paul Manton	84/85	23.9	200	Nicole Page	94/95	28.5
Jeff Micallef	88/89	53.0	400	Jackie Wheeler	84/85	1:04.6
Bruce Hogg	92/93	2:08.2	800	Katie French	04/05	2:28.1
Jamie Sherson	07/08	4:28.8	1500	Lisa Grant	03/04	5:42.0
Bruce Hogg	92/93	4:54.2	1 Mile	Jackie Wheeler	84/85	6:23.0
Bruce Hogg	92/93	9:21.9	3000	Susan Ireland	03/04	12:24.2
Matthew Graham	00/01	16:56.6	5000	Susan Ireland	03/04	22:36.1
Peter Kimpton	02/03	8:15.2	1500W	Lisa Grant	03/04	7:03.4
Michael Jones	01/02	24:50.1	3000W	Lisa Grant	03/04	14:55.0
Peter Kropman	86/87	16.2	110H/100H	Tracey Wheeler	85/86	18.7
Peter Kropman	86/87	28.2	200H	Tracey Wheeler	85/86	35.9
Peter Kropman	86/87	1:01.2	400H	Tracey Wheeler	85/86	1:15.6
Peter Kropman	86/87	6-46	LJ	Nicole Page	94/95	5-04
Craig Willetts	91/92	13-20	TJ	Nicole Page	94/95	10-64
Peter Kropman	86/87	1-82	HJ	Tracey Wheeler	85/86	1-52
Brendan Evans (6kg)	05/06	11-17	SP	Jessica Ward (4kg)	03/04	9-99
Brendan Evans (1.75kg)	06/07	29-76	DIS	Tracey Wheeler (1kg)	85/86	35-04
Andrew Grace (800g)	85/86	49-34	JAV	Tracey Wheeler (600g)	85/86	37-06

U/18

Tim Evans	03/04	11.4	100
Phillip Fenech	85/86	24.6	200
Jamie Sherson	06/07	53.5	400
Jamie Sherson	06/07	2:03.6	800
Jamie Sherson	06/07	4:18.9	1500
Bruce Hogg	91/92	4:47.6	1 Mile
Bruce Hogg	91/92	9:16.5	3000
Bruce Hogg	91/92	16:17.4	5000
Peter Kimpton	01/02	8:27.9	1500W
Peter Kimpton	01/02	17:50.1	3000W
Peter Kropman	85/86	16.0	110H/100H
Peter Kropman	85/86	29.1	200H
Peter Kropman	85/86	1:03.6	400H
Nathan Manwaring	92/93	6-50	LJ
Tim Evans	03/04	13-36	TJ
Shane Hanlon	91/92	1-89	HJ
Sam Setrallah (5kg)	04/05	11-55	SP
Greg Howard (1.5kg)	84/85	38-78	DIS
Andrew Grace (700g)	84/85	45-28	JAV

U/18

Nicole Page	93/94	13.2
Jackie Wheeler	83/84	28.3
Jackie Wheeler	83/84	1:03.4
Jackie Wheeler	83/84	2:41.1
Susan Ireland	02/03	5:36.2
Kate Stockings	00/01	6:26.3
Jackie Wheeler	83/84	13:09.0
Jackie Wheeler	83/84	22:46.0
Lisa Grant	02/03	6:49.6
Lisa Grant	02/03	14:51.2
Kylie Walker	92/93	19.1
Kylie Walker	91/92	36.8
Jackie Wheeler	83/84	1:18.2
Nicole Page	93/94	5-13
Catherine Kropman	88/89	9-73
Catherine Kropman	88/89	1-50
Jessica Ward (4kg)	03/04	10-00
Natalie Avellino (1kg)	86/87	35-02
Tracey Wheeler (600g)	85/86	33-24

U/17

Kurt Quinlivan	92/93	11.5	100 =
			100 =
Phillip Fenech	84/85	24.1	200
Phillip Fenech	84/85	53.8	400
Jon Hetherington	84/85	2:08.9	800
Bruce Hogg	90/91	4:31.4	1500
Ron Irving	85/86	4:56.4	1 Mile
Bruce Hogg	90/91	9:33.1	3000
Bruce Hogg	90/91	16:49.0	5000
Adam Sinclair	05/06	9:21.2	1500W
Matthew Jenkin	00/01	19:40.0	3000W
Kurt Quinlivan	92/93	16.2	110H/100H
Phillip Fenech	84/85	28.8	200H
Peter Kropman	84/85	1:02.9	400H
Phillip Fenech	84/85	6-37	LJ
Timothy Evans	02/03	12-53	TJ
Shane Hanlon	90/91	1-83	HJ
Brendan Evans (5kg)	04-05	11-58	SP
Greg Howard (1.5kg)	83/84	39-72	DIS
Robert Kropman (700g)	85/86	53-76	JAV

U/17

Nicole Page	92/93	13.4
Jackie Wheeler	82/83	13.4
Tracey Connors	84/85	28.4
Natalie Pellizzari	06/07	1:04.8
Jackie Wheeler	82/83	2:35.0
Kim Pitzing	86/87	5:12.0
Carly Eager	03/04	8:15.1
Kim Pitzing	86/87	11:50.0
Jackie Wheeler	82/83	23:06.0
Lisa Grant	01/02	6:52.2
Lisa Grant	01/02	14:44.4
Kylie Walker	91/92	18.7
Tracey Connors	84/85	33.9
Tracey Wheeler	84/85	1:14.6
Nicole Page	92/93	5-05
Catherine Kropman	86/87	10-16
Tracey Wheeler	84/85	1-58
Shari Apikotoa (4kg)	05/06	9-91
Tracey Wheeler (1kg)	84/85	32-62
Tracey Wheeler (600g)	84/85	32-50

<u>U/16</u>				<u>U/16</u>		
Shaun Wearne	99/00	11.6	100 =	Jackie Wheeler	81/82	13.4
			100 =	Linda Hatherly	93/94	
Phillip Fenech	83/84	24.3	200	Jackie Wheeler	81/82	28.9
Phillip Fenech	83/84	53.6	400	Jackie Wheeler	81/82	1:05.1
Andrew Baraniak	90/91	2:11.0	800	Jackie Wheeler	81/82	2:36.0
Andrew Baraniak	90/91	4:32.3	1500	Jackie Wheeler	81/82	5:35.0
Paul Sewell	88/89	5:01.1	1 Mile	Katrina Ward	90/91	6:14.0
Andrew Baraniak	90/91	9:37.9	3000	Katie-Ellen French	00/01	11:11.6
Paul Sewell	88/89	18:12.0	5000	Kim Pitzing	85/86	20:12.0
Paul Sewell	88/89	9:54.0	1500W	Lisa Grant	00/01	7:20.4
			3000W	Lisa Grant	00/01	16:21.3
David Gallo	86/87	14.9	100H/90H	Catherine Downer	82/83	15.7
Phillip Fenech	83/84	29.1	200H	Catherine Downer	82/83	33.3
Phillip Fenech	83/84	1:05.1	400H	Tracey Wheeler	83/84	1:16.4
Chris Saliba	89/90	6-11	LJ	Tracey Wheeler	83/84	5-01
Irwin Burbage	99/00	12-19	TJ	Natalie Deegan	93/94	10-65
Peter Kropman	83/84	1-73	HJ	Lynette Smith	86/87	1-58
Tristan Manwaring (4kg)	00/01	12-47	SP	Natalie Avellino (4kg)	86/87	10-32
Greg Howard (1kg)	82/83	44-30	DIS	Natalie Avellino (1kg)	86/87	33-78
Jon Hetherington (700g)	83/84	44-14	JAV	Tracey Wheeler (600g)	83/84	30-18

<u>U/15</u>				<u>U/15</u>		
Michael McHugh	81/82	12.0	100 =	Rebecca Deane	93/94	12.7
			100 =	Leanne Saliba	90/91	12.7
Ilia Gill	82/83	24.7	200	Rebecca Deane	93/94	27.5
Phillip Fenech	82/83	57.2	400	Tracey Wheeler	82/83	1:06.3
Andrew Baraniak	89/90	2:08.1	800	Katie-Ellen French	00/01	2:26.5
Andrew Baraniak	89/90	4:24.0	1500	Katie-Ellen French	00/01	4:59.5
Andrew Baraniak	89/90	4:44.3	1 Mile	Kim Pitzing	84/85	5:53.0
Andrew Baraniak	89/90	9:34.7	3000	Katie-Ellen French	00/01	10:56.9
Andrew Baraniak	89/90	16:50.0	5000	Katie-Ellen French	00/01	18:55.4
Brent Balinski	95/96	8:00.5	1500W	Lisa Grant	99/00	7:06.0
			3000W	Carly Eager	01/02	25:36.6
Nicholas Potten	84/85	15.8	100H/90H	Rebecca Deane	93/94	14.6
Michael McHugh	81/82	31.2	200H	Rebecca Deane	93/94	33.4
Michael Wheeler	86/87	1:07.8	400H	Tracey Wheeler	82/83	1:17.7
Franky Wong	98/99	5-78	LJ	Linda Atkins	80/81	4-94
Michael McHugh	81/82	11-61	TJ	Sarah Ferguson	86/87	10-28
Ilia Gill	82/83	1-81	HJ	Tracey Wheeler	82/83	1-59
Andrew Blunden (4kg)	06/07	8-49	SP	Kelly Micallef (3kg)	04/05	9-22
Andrew McIlwaine (1kg)	87/88	48-50	DIS	Natalie Avellino (1kg)	85/86	34-38
Andrew McIlwaine (600g)	87/88	52-84	JAV	Tracey Wheeler (600g)	82/83	30-00

U/14

Ilia Gill	81/82	12.1	100
Ilia Gill	81/82	25.6	200
Andrew Scully	99/00	58.4	400
Reece Diaz	04/05	2:18.4	800
Nathan Schmid	91/92	4:52.0	1500
Stephen Muir	95/96	5:30.7	1 Mile
Stephen Muir	95/96	10:42.0	3000
Brent Balinski	94/95	18:33.6	5000
Brent Balinski	94/95	8:00.0	1500W
			3000W
Michael Jamieson	86/87	15.1	90H/80H
Phillip Fenech	81/82	34.0	200H
Nicholas Potten	83/84	1:10.4	400H
Liam Correy-Yorke	02/03	5-59	LJ
Barry Prasetya	83/84	10-67	TJ
Ilia Gill	81/82	1-76	HJ
Reece Diaz (3kg)	04/05	9-67	SP
Andrew McIlwaine (1kg)	86/87	48-50	DIS
Andrew McIlwaine (600g)	86/87	52-84	JAV

U/14

Rebecca Deane	92/93	13.0
Rebecca Deane	92/93	28.3
Rebecca Deane	92/93	1:03.8
Katie-Ellen French	99/00	2:27.1
Katie-Ellen French	99/00	5:17.7
Susan Ireland	98/99	6:07.7
Katie-Ellen French	99/00	11:01.9
Susan Ireland	98/99	19:33.9
Lisa Grant	98/99	6:55.6
Julie Grant	01/02	18:14.2
Rebecca Deane	92/93	13.3
Rebecca Deane	92/93	32.5
Catherine Kropman	84/85	1:21.9
Linda Atkins	79/80	4-73
Catherine Kropman	84/85	9-90
Jessica Fisher	96/97	1-57
Steffany Dunn (3kg)	06/07	8-45
Natalie Avellino (1kg)	84/85	34-22
Ashley Micallef (400g)	01/02	21-61

U/13

Ivica Mikic	79/80	13.1	100
Ilia Gill	80/81	27.0	200
Michael Ryan	78/79	1:05.0	400
Reece Diaz	03/04	2:30.6	800
Reece Diaz	03/04	5:09.3	1500
Nathan Schmid	90/91	5:37.0	1 Mile
Nathan Schmid	90/91	10:49.0	3000
Nathan Schmid	90/91	18:12.2	5000
Peter Balinski	95/96	9:20.3	1500W
			3000W
Chris Saliba	86/87	14.5	90H/80H
Chris Saliba	86/87	37.9	200H
Warren Dempsey	84/85	1:18.1	400H
Rodney Scarr	78/79	4-97	LJ
Chris Saliba	86/87	9-88	TJ
Ilia Gill	80/81	1-66	HJ
Michael Chaffen (3kg)	04/05	7-68	SP
Andrew McIlwaine (1kg)	85/86	37-71	DIS
Andrew McIlwaine (600g)	85/86	32-51	JAV

U/13

Melissa Briggs	93/94	13.8
Tania Ringhof	78/79	29.1
Tracey Wheeler	79/80	1:06.5
Katie-Ellen French	99/00	2:41.1
Catherine Kropman	83/84	5:37.0
Katie-Ellen French	99/00	12:03.7
Kim Pitzing	82/83	21:39.0
Lisa Grant	98/99	7:35.6
Julie Grant	01/02	18:39.0
Sarah Ferguson	84/85	14.6
Sandra Narezzi	92/93	37.0
Sarah Ferguson	84/85	1:22.1
Tracey Wheeler	79/80	4-58
Tracey Wheeler	79/80	9-68
Tracey Wheeler	79/80	1-44
Ashley Micallef (2kg)	00/01	7-91
Ashley Micallef (750g)	00/01	21-47
Ashley Micallef (400g)	00/01	15-76

<u>U/12</u>				<u>U/12</u>		
Ilia Gill	79/80	13.3	100	Danielle Goodin	03/04	14.3
Ilia Gill	79/80	29.0	200	Linda Hemmerling	80/81	30.3
Michael Wheeler	83/84	1:07.2	400	Linda Hemmerling	80/81	1:10.1
Nathan Schmid	89/90	2:33.0	800	Kellie Fenech	81/82	2:48.0
Nathan Schmid	89/90	4:59.6	1500	Catherine Kropman	82/83	5:42.0
Gerard Mahony	89/90	5:37.0	1 Mile	Melissa Briggs	92/93	6:50.5
Peter Balinski	94/95	11:05.9	3000	Stacey Argent	01/02	12:12.2
Peter Balinski	94/95	19:43.5	5000	Stacey Argent	01/02	21:42.4
			1500W	Brenda Micallef	03/04	10:01.2
			3000W	Brenda Micallef	03/04	22:25.1
Matthew Beattie	93/94	15.3	90H/80H	Melissa Briggs	92/93	16.8
Jeff Micallef	81/82	36.9	200H	Melissa Briggs	92/93	40.2
Michael Wheeler	83/84	1:22.0	400H	Catherine Kropman	82/83	1:35.0
Ilia Gill	79/80	4-46	LJ	Tracey Wheeler	78/79	4-35
Jeff Micallef	81/82	8-87	TJ	Catherine Kropman	82/83	8-75
Ilia Gill	79/80	1-55	HJ	Melissa Briggs	92/93	1-42
Michael Chaffen (3kg)	04/05	7-79	SP	Danielle Goodin (3kg)	03/04	7-27
Andrew McIlwaine (1kg)	84/85	31-08	DIS	Danielle Goodin (750g)	03/04	18-33
Andrew McIlwaine (600g)	84/85	24-56	JAV =	Brenda Micallef (400g)	03/04	13-37
			JAV =	Danielle Goodin	03/04	13-37

NOTE: Where an event is not listed in an age group, a record has not yet been set

ARCHIVED RECORDS

Open	800m Steeplechase	Kevin Junor (PAR)	84/85	2:19.0	Yvette Jaeger	84/85	2:53.6
Masters (40+)	800m Steeplechase	Bob Sewell	87/88	3:17.7			
Senior	800m Steeplechase	John Doolan	86/87	2:52.5	Jackie Wheeler	86/87	3:21.0
U20	800m Steeplechase	Peter Kropman	87/88	3:21.0	Jackie Wheeler	85/86	3:17.0
U19	800m Steeplechase	Peter Kropman	86/87	2:30.9	Jackie Wheeler	84/85	3:24.0
U18	800m Steeplechase	Mark Irving	85/86	2:32.1	Tracey Connors	85/86	3:15.6
U17	800m Steeplechase	Mark Irving	84/85	2:28.0	Tracey Wheeler	84/85	3:19.9
U16	800m Steeplechase	Peter Kropman	83/84	2:41.9	Tracey Wheeler	83/84	4:10.0
U15	800m Steeplechase	Shane Ferguson	84/85	2:43.7	Cherie Madden	86/87	3:31.0
U14	800m Steeplechase	Warren Dempsey	85/86	2:56.0	Catherine Kropman	84/85	3:32.0
U13	800m Steeplechase	Stephen Mooney	84/85	3:09.3	Catherine Kropman	83/84	3:44.0
U12	800m Steeplechase	Dale Berryman	83/84	3:21.0			
U19 SP	Jeff Micallef (5.449kg)	13-49			U15 SP	Dianne Kidd (2.724kg)	12-28
U19 Dis	Damien Beckhouse (1.5kg)	39-78			U14 SP	Natalie Avellino (2.724kg)	12-91
U18 SP	Robert Kropman (5.449kg)	13-63			U14 Jav	Natalie Avellino (600g)	30-44
U17 SP	Robert Kropman (4.535kg)	14-20			U13 SP	Natalie Avellino (2.724kg)	12-20
U16 SP	Robert Kropman (4.535kg)	13-58			U13 Dis	Natalie Avellino (1kg)	33-04
U15 SP	Andrew McIlwaine (3.632kg)	16-18			U13 Jav	Natalie Avellino (600g)	23-76
U14 SP	Andrew McIlwaine (3.632kg)	14-88			U12 SP	Natalie Avellino (2.724kg)	8-51
U13 SP	Andrew McIlwaine (2.724kg)	14-22			U12 Dis	Natalie Avellino (1kg)	18-70
U12 SP	Andrew McIlwaine (2.724kg)	12-15			U12 Jav =	Tracey Wheeler (600g)	15-06
					U12 Jav =	Amy Van Trier (600g)	15-06

MODIFIED PROGRAM RECORDS AS AT 31 MARCH 2008

60M SPRINT

Ernie Leseberg	02/03	7.0	OPEN	Nicole Page (NEP)	95/96	8.1
			VETERAN PLUS			
			VETERANS			
Robert Field	07/08	9.1	GOLDEN O			
Vince Adams	06/07	8.1	MASTER PLUS	Katrina Russell	05/06	9.8
Steven Williams	01/02	7.8	= MASTERS	Andrea Hendley	04/05	9.0
Robert Giesler	06/07	7.8	= MASTERS			
Ernie Leseberg	02/03	7.0	SENIOR	Amanda Giesler	04/05	8.3
Nathan Manwaring	93/94	7.5	= U20	Jemma Austin	04/05	9.1
Tim Evans	04/05	7.5	= U20			
Tim Evans	03/04	7.5	= U19	Nicole Page	95/96	8.2
Brendan Weyland	04/05	7.5	= U19			
Nathan Manwaring	91/92	7.4	= U18	Nicole Page	93/94	8.2
David Beattie	96/97	7.4	= U18			
David Beattie	95/96	7.5	U17	Linda Hatherly	93/94	8.5
Peter Hogan	96/97	7.7	U16	Natalie Pellizzari	04/05	8.3
Matthew Dux	95/96	7.9	U15	Sandra Narezzi	93/94	8.6
Andrew Scully	99/00	7.8	U14	Sandra Narezzi	92/93	9.0
Damien Murray	96/97	8.8	U13 =	Melissa Briggs	93/94	9.0
			U13 =	Jessica Fisher	95/96	9.0
Matthew Beattie	93/94	9.7	U12	Shindhu Raju	96/97	9.7

300M UNLANED

Andrew Scully (BLK)	02/03	37.0	OPEN	Lynette Smith	99/00	44.7
			VETERAN PLUS			
			VETERAN			
Keith Mayhew	03/04	52.5	GOLDEN O			
Vince Adams	07/08	47.1	MASTER PLUS	Katrina Russell	05/06	57.6
Steven Williams	99/00	42.2	MASTER	Lynette Smith	06/07	48.5
Gary Howard	03/04	37.6	SENIOR	Lynette Smith	99/00	44.7
Paul Weymark	94/95	40.0	U20	Lisa Grant	03/04	54.3
Tim Evans	03/04	40.2	= U19	Nicole Page	94/95	52.9
Matthew Graham	00/01	40.2	= U19			
David Beattie	96/97	40.4	U18	Lisa Grant	01/02	49.8
David Beattie	95/96	39.9	U17	Kate Stockings	00/01	50.0
Peter Hogan	96/97	42.6	U16	Natalie Pellizzari	04/05	45.3
Matthew Dux	95/96	43.9	U15	Vikki Savage	94/95	51.5
Andrew Scully	99/00	42.0	U14	Helen Sestic	92/93	48.5
Matthew Beattie	94/95	50.6	U13	Stacey Argent	02/03	52.2
Stephen Muir	93/94	56.8	U12 =	Natalia Sestic	92/93	58.0
			U12 =	Shindhu Raju	96/97	58.0

1000M

Gary Howard	03/04	2:50.8	OPEN	Katie-Ellen French	00/01	3:11.2
			VETERAN PLUS			
Joe Butler	07/08	4:59.8	VETERAN			
Keith Mayhew	03/04	3:24.6	GOLDEN O			
Graeme Sheargold	05/06	3:27.9	MASTER PLUS	Katrina Russell	05/06	4:39.4
Keith Mayhew	98/99	3:10.4	MASTER	Lynette Smith	05/06	3:50.1
Gary Howard	03/04	2:50.8	SENIOR	Lynette Smith	99/00	3:20.4
Adam Sinclair	07/08	3:38.2	U20	Vikki Savage	99/00	3:44.6
Brad Milosevic	06/07	2:50.9	U19	Lisa Grant	02/03	3:47.7
Brad Milosevic	05/06	2:57.2	U18	Lisa Grant	01/02	3:40.0
Jamie Sherson	04/05	2:56.6	U17	Kate Stockings	00/01	3:47.0
Adam Sinclair	03/04	3:13.7	U16	Kate Stockings	99/00	3:35.5
Reece Diaz	04/05	3:10.5	U15	Katie-Ellen French	00/01	3:11.2
Reece Diaz	03/04	3:19.0	U14	Helen Sestic	92/93	3:35.5
Brent Balinski	93/94	3:32.6	U13	Stacey Argent	02/03	3:43.9
Peter Balinski	93/94	3:48.0	U12	Natalia Sestic	92/93	4:08.0

2000M

Michael Kammerer	02/03	6:18.2	OPEN	Katie-Ellen French	00/01	7:04.0
			VETERAN PLUS			
Joe Butler	07/08	10:03.3	VETERAN			
Keith Mayhew	03/04	7:29.3	GOLDEN O			
Graeme Sheargold	05/06	7:29.6	MASTER PLUS	Katrina Russell	05/06	10:32.3
Bill Flanagan	02/03	6:54.8	MASTER	Andrea Hendley	02/03	10:24.2
Michael Kammerer	02/03	6:18.2	SENIOR	Leanne Bourke	96/97	7:48.0
			U20	Lisa Grant	03/04	8:34.4
Brad Milosevic	06/07	6:13.1	U19			
Matthew Graham	99/00	6:44.2	U18	Stacey Argent	06/07	9:48.1
Matthew Graham	98/99	6:37.7	U17	Kate Stockings	00/01	9:22.9
Bradley Milosevic	03/04	6:52.9	U16	Stacey Argent	04/05	8:45.1
Andrew Blunden	05/06	7:04.2	U15	Katie-Ellen French	00/01	7:04.0
Bradley Milosevic	02/03	7:21.1	U14	Zulay Sastre	98/99	8:07.5
Danny Martins	96/97	8:44.5	U13	Stacey Argent	02/03	7:48.9
			U12	Shindhu Raju	96/97	9:34.8

4 x 100M RELAY

OPEN MEN	46.64	(02/03)	OPEN WOMEN	55.0	(93/94)
Marcus Bakes (U18)	Timothy Evans (U17)		Nicole Page (U18)	Linda Hatherly (U17)	
Gary Howard (Sen)	Ernest Leseberg (Sen)		Sandra Narezzi (U15)	Melissa Briggs (U13)	
OPEN MIXED	55.8	(06/07)	U20 MIXED	56.5	(04/05)
Amanda Giesler	Mel Dunn		Jemma Austin	Jessica Ward	
Matt Dunn	Brad Milosevic		Tim Evans	Scott Mortimer	
40+ MEN	55.9	(06/07)	35+ MEN	53.8	(03/04)
Stephen Parkins	Gary Micallef		Rob Giesler	Stephen Parkins	
Steven Williams	Rob Giesler		Darren Gould	Steven Williams	
U20 MEN	49.2	(03/04)	U20 WOMEN	63.2	(06/07)
Marcus Bakes (U19)	Brendan Evans (U16)		Caitlin Dunn	Steffany Dunn (U14)	
Tim Evans (U18)	Scott Mortimer (U18)		Brenda Micallef (U15)	Danielle Goodin (U15)	

8 x 100M RELAY

OPEN MEN 1:39.7 (90/91)

Michael Finucane (Sen)
Craig Willetts (U18)
Nathan Manwaring (U17)

Wayne Jeff (Sen)
Garry Dempsey (U17)
Andrew Baraniak (U16)

Bruce Hogg (U18)
Shane Hanlon (U17)

OPEN WOMEN 1:50.5 (84/85)

Jackie Wheeler (U19)
Michelle Cauchi (U15)
Jackie Neil (U14)

Tracey Connors (U17)
Natalie Avellino (U14)
Tracey Scorer (U14)

Tracey Wheeler (U17)
Catherine Kropman (U14)

OPEN MIXED 1:46.2 (94/95) (minimum 3 women)

John Dwyer (Vet)
Lynette Smith (Sen)
Adrian Grogan (U18)

Stephen Halverson (Vet)
Paul Weymark (U20)
Sandra Narezzi (U16)

Garry Dempsey (Sen)
Nicole Page (U19)

STANDING LJ

Robert Kropman	92/93	2-84	OPEN =	Catherine Kropman	92/93	2-30
			OPEN =	Lynette Smith	93/94	2-30
			VETERAN PLUS			
			VETERAN			
Keith Mayhew	03/04	1-71	GOLDEN O			
Vince Adams	06/07	1-94	MASTER PLUS	Katrina Russell	05/06	1-86
Stephen O'Donnell	06/07	2-53	MASTER	Andrea Hendley	03/04	2-03
Robert Kropman	92/93	2-84	SENIOR =	Catherine Kropman	92/93	2-30
			SENIOR =	Lynette Smith	93/94	2-30
Peter Kimpton	02/03	2-79	U20	Chelsea Austin	02/03	2-03
Peter Kimpton	02/03	2-78	U19	Nicole Page	94/95	2-16
Nathan Manwaring	91/92	2-71	U18	Nicole Page	93/94	2-13
David Beattie	95/96	2-52	U17	Nicole Page	92/93	2-25
Christopher Flower	00/01	2-66	U16	Sandra Narezzi	94/95	2-22
Stephen Hinwood	93/94	2-44	U15	Sandra Narezzi	93/94	2-21
Andrew Scully	99/00	2-28	U14	Sandra Narezzi	92/93	2-08
Damien Murray	96/97	2-05	U13	Melissa Briggs	93/94	2-17
Matthew Beattie	93/94	1-85	U12	Shindhu Raju	96/97	1-78

SCISSORS HJ

Tim Evans	03/04	1-65	OPEN	Lynette Smith	93/94	1-45
			VETERAN PLUS			
			VETERAN			
Keith Mayhew	03/04	1-15	GOLDEN O			
Vince Adams	06/07	1-15	MASTER PLUS	Katrina Russell	05/06	1-05
Stephen O'Donnell	04/05	1-45	MASTER	Lynette Smith	06/07	1-30
David Beattie	01/02	1-61	SENIOR	Lynette Smith	93/94	1-45
Nathan Manwaring	93/94	1-60	= U20	Chelsea Austin	02/03	1-20
Timothy Evans	04/05	1-60	= U20			
Timothy Evans	03/04	1-65	U19	Nicole Page	94/95	1-25
Timothy Evans	02/03	1-61	U18	Nicole Page	93/94	1-35
Timothy Evans	02/03	1-65	U17 =	Linda Hatherly	93/94	1-26
			U17 =	Lee Westwood	91/92	1-26
David Beattie	94/95	1-56	U16	Natalie Deegan	93/94	1-30
David Hatherly	93/94	1-45	U15	Sandra Narezzi	93/94	1-20
Stephen Muir	95/96	1-25	U14	Lisa Grant	98/99	1-20
Matthew Beattie	94/95	1-35	U13	Jessica Fisher	94/95	1-35
Stephen Muir	93/94	1-05	U12	Natalia Sestic	92/93	1-05

2.724kg SHOT PUT "THROW"

Robert Kropman	92/93	31-66	OPEN	Lynette Smith	93/94	16-92
			VETERAN PLUS			
			VETERAN			
Keith Mayhew	03/04	12-74	GOLDEN O			
Lajos Joni	06/07	25-50	MASTER PLUS	Katrina Russell	05/06	7-24
Steven Williams	01/02	20-61	= MASTER	Lynette Smith	06/07	16-55
Steve Parkins	04/05	20-61	= MASTER			
Robert Kropman	92/93	31-66	SENIOR	Lynette Smith	93/94	16-92
Nathan Manwaring	93/94	20-55	U20	Tracey Wheeler	86/87	14-54
Jeff Micallef	88/89	24-60	U19	Tracey Wheeler	85/86	16-29
Peter Kropman	85/86	23-86	U18	Veronica Sestic	92/93	12-78
Robert Kropman	86/87	27-24	U17	Tracey Wheeler	84/85	14-66
Robert Kropman	85/86	26-99	U16	Natalie Avellino	85/86	13-53
Robert Kropman	83/84	18-80	U15	Dianne Kidd	90/91	12-91
Andrew McIlwaine	86/87	21-34	U14	Jessica Ward	99/00	9-84
Jason Irvine	84/85	13-16	U13	Melissa Briggs	93/94	9-19
Wayne Mulhall	84/85	7-83	U12	Natalia Sestic	93/94	5-72
Hans Kropman	86/87	21-09	OFFICIAL			

BLK: Blacktown

NEP: Nepean